

CERTIFICATE

OF PARTICIPATION

This is to certify that

Elmarie Fourie

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:11:00

PACE 08:51/km

OVERALL 27 of 166

GENDER 6 of 88

OPEN 5 of 51

23 June 2019, Sun

Date



BoutTime

Signature